

GMC - Weekly Checker

By Jin from Korea

Date: / / ~ / / /		Highest	Main Video/Method	Tempo	Key	TIME								Remark
Section	Subsection	Level				MON	TUE	WED	THU	FRI	SAT	SUN	sub_total	
Warming Up	Chromatic													
	Finger Independence													
	Muted Stroke													
Picking	Alternative													
	Economy													
	Sweep													
	Finger													
	Palm Muting													
	Fret-Hand Muting													
Technique	Bends / Vibrato													
	Hammer On & Pulling Off													
	Slide													
	Tapping													
	Harmonics													
Scale	Lydian													
	Dorian													
Rhythm	Rock / Metal													
	Blues / Funk													
Style of														
Song														
ETC														
Total														
Self_Comment														